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SSG Newsletter January - February 2020

SSG DIVISIONS HELP MAKE VOICES COUNT IN THE 2020 CENSUS



APIFM 2020 CENSUS Outreach

API Forward Movement is collaborating with the Census 2020 AAPI Collaborative to mobilize and encourage all community members to participate in the 2020 Census. Being counted is vital to ensure that our communities receive equitable funding for schools, libraries, food programs, transportation, emergency planning, health, and health care all important factors for healthy, thriving communities. You can complete the Census by phone, on-line or on paper, and in different languages. Also, know that the information you share is confidential.



SSG R&E Team 2020 CENSUS Information Center Program

SSG Research & Evaluation Team partners with the United States Census Bureau through the Census Information Center (CIC) program. The mission of the program is to increase access to Census data products through a broad dissemination network, with a focus on underserved communities. As a CIC, SSG R&E works to help Asian and Pacific Islander Americans and other diverse communities access, understand and use Census data. For more information, visit https://www.census.gov/about/partners/cic.html

The Importance of the 2020 Census



The U.S. Constitution mandates a complete count of all persons living in the U.S every ten years -a process known as the decennial Census. The Census plays a vital role in the functioning of our democracy and economy. Information from the census determines how many seats in the House of Representatives each state receives and also impacts the proper equitable allocation of federal government resources to our population. Further, census information is critical to research and business decisions made every day.

The Importance of Counting Los Angeles County

An accurate census is crucial to the work and services we provide to our communities in Los Angeles County. Los Angeles County is home to about a fourth of California's population at around 10.3 million people. According to the Census Bureau, Los Angeles County may be one of California's hardest-to-count regions in 2020. A third of the county's census tracts are likely to be very hard to count, according to Census Bureau estimates that draw on local demographic characteristics (e.g., race/ethnicity, age, citizenship, and housing conditions) and historical trends. These areas tend to be concentrated in central and east LA south through Compton, as well as parts of Long Beach, the San Fernando and San Gabriel Valleys, Pomona, and Palmdale. Households in these very hard-to-count areas are less likely to respond initially to census forms and are therefore at risk of being undercounted. The Public Policy Institute of California highlighted some of the challenges that an undercount would have on LA County. See page 2 the SSG newsletter to read about the research on these challenges and how the 2020 Census affects your community.



HOW THE 2020 CENSUS AFFECTS YOUR COMMUNITY

Research on Undercounting Concerns

- An undercount could reshape political representation in the region. Legislative districts in central and south LA have some of the highest concentrations of very hard-to-count communities in the state which could affect how district lines are redrawn.
- Undercounting people of color would dramatically misrepresent LA County's urban core. About 57% of LA County residents are African American, Latino, or Native American—populations that have historically been undercounted in the census.
- LA County's hard-to-count housing is concentrated in communities of color. It's difficult to accurately count people in rentals, overcrowded units, and mobile homes. Additionally, reaching homeless Angelenos at shelters, tent camps, and other places will be critical to a complete and accurate count in the region. Neighborhoods throughout the county have high shares of young children. In particular, east and south LA, as well as Lancaster and Palmdale, have larger concentrations of young children—who are typically undercounted in the census.
- Low responses from noncitizens would lead to a notable undercount in the region, leading to low responce due to the planned addition of a citizenship question and concerns about deportation.
- The county has pockets of low internet access, including in the city of LA. The Census Bureau plans to collect the majority of responses online in 2020—a change from previous practice. Many neighborhoods in central & south LA have fewer high-speed residential internet connections than the surrounding suburbs.

Important Questions To Ask

Why is taking part in the census important to my family? Every person counted by the census brings about \$2,000 to Los Angeles County each year. The census helps decide how much money your community will get for things like schools, hospitals and public transportation. The census helps give you a voice in our government and makes sure you are represented fairly.

How does it benefit my family and my community? The census helps decide how much money Los Angeles County will receive from the federal government for things like schools, hospitals, affordable housing and job programs.

How does the census give me a voice in the government? Taking part in the census means standing up and saying "I am here and I matter." The census helps decide how many elected officials that Los Angeles County will send to Washington, D.C.

Do children need to be counted on my census form? All children no matter their age must be counted. Children are the most undercounted group in the census.

Is taking part in the census safe? The information you provide on the census form is private and the census is safe. It is illegal for anyone to share your information and there are laws that prevent anyone from providing your information to anyone.

How do I keep my information safe? Make sure you ONLY fill out a census form with the official U.S. Census Bureau logo. The official census form will NEVER ask for your Social Security number, banking or credit card information. Census workers will only contact you by mail, telephone or in-person at your home. They will never contact you by email.

For information, please visit my2020census.gov.



Thank You to SSG's Student Interns!

Each year various SSG Divisions accept student interns from various schools, colleges and universities. These students come from various disciplines including mental health, public health, occupational therapy and more. SSG Divisions gladly accept, train and utilize student interns for client services. These interns provide a valuable resource and are highly valued and appreciated. The following are the interns FY 2019-20. Much thanks to all!

HOPICS

Kelsev Boyle, CSUDH Johanna Jacobo, CSULA Maria Marroquin, CSUDH Joel Mendoza, CSUDH Alejandro Rivera, CSULB Victor Yaquian Aldana, CSULB



PROJECT 180

Ernesto Amezua, HBI Mariana Campino-Ruiz, UCLA David Catalan, TIAC Rachele Catlett, CSULA Robert Diaz, HEAL Angela Esslinger, HBI Aisha Estrada, HBI David Gutierrez, TIAC Francine Jimenez, HBI

Ariel Lee, CSULA Gabriela Maldonado, HBI Adrienne Quiles, CSULA Dominic Rivas, HBI Enrique Rivera, HBI Tina Marie Sandoval, HBI Steve Shibuya, ArtCenter Eric Williams, CSUDH Kaira Yates, CSUN

Development Team Camille Hambly, Samuel Merritt U.





Samantha Coelho, USC











APCTC

Crystal Cervantes, CSUDH Yu Rha Choi, UCLA Angela Chew, CSUF Estel Hahn, CSUF Samuel Kim, UCLA Sharon Kwon, USC Kathleen Nguyen-Ta, USC Melanie Perez, CSUF Tina Van, USC



ArtCenter



SILVER

Diana Ake, CSULB Jessica Bendit, UCLA Haoran Li, UCLA Zige Ren, UCLA Amber Turner, CSULB Meagan Willis, CSULA





OTTP-LA

Sakiko Arai, Stanbridge U. Jessica Kussman, Stanbridge U. Kim Santander, Santa Ana College Tiona Sykes, Pepperdine Danielle Torres, Pepperdine Mayra Virgen, CSULB Carolyn Vo, U. of St. Augustine Scott Zimmerman, Santa Ana College Viviana Huynh, CSUDH



UNIVERSITY OF ST. AUGUSTINE









iii SANTA ANA COLLEGE

OTTP-SF

Marianna Ayers, Samuel Merritt University Christine Kim, Dominican University Vanisha Kumar, CSUEB Eli Maher, CSUEB Alexandra McNay CSUDH Claire Mueller, SJSU Hannah Phillips, University of Tennesee **Emily Tunnat, SJSU** Stella Yang, SJSU Erica Yee, SJSU





APAIT

Melissa Bui, CSULB Trevor Bustos, CSUF Gilbert Chan, CSUF Kimaya Gokhale, Scripps College Rebecca Samuels, USC Jacqueline Tran, CSUF



SSG

SSG STUDENT INTERN APPRECIATION BREAKFAST

As the 2020 gets into full swing, SSG Core staff, Directors, Program Managers, and Field Supervisors took the morning to honor the continued work of Interns. SSG has a long history of providing practical experience for undergraduate students, graduate students, and community members interested in learning more about providing services. Interns are able to accumulate hands on experience in areas such as mental health, community organization, social justice, public health. In addition to they are able to provide invaluable assistance to multiple SSG divisions. As our agency continues to grow, so do the opportunities available to interns.

Attendees to our February 5 event enjoyed a delicious breakfast, photo booth and other celebratory events. SSG Director took photos and thanked interns for their service and interest in the important community based work of our various SSG Divisions. Interns and staff alike tested their creativity using toothpicks and gum drops to design some very elaborate structures. Interns and staff also enjoyed the celebratory SSG Cookie.

















HOPICS

THE SAFE PARKING PROGRAM



Pictured: City National Bank VP & Branch Manager
Peter Jackson, Supervisor Mark Ridley-Thomas,
LA County DPSS Director Antonia Jiménez, West
Angeles Church Presiding Bishop Charles E.
Blake, Avis Ridley-Thomas, LA City Controller Ron
Galperin, HOPICS Director Veronica Lewis and
Community Representative Michael Collins

are another innovative
approach to solving
the homelessness
the homelessness
by bringing
funders,

On Thursday, February SSG/HOPICS 27th received 10 trailers to temporarily house homeless families with children from the South LA area. Under the new "Safe Landing" program, these trailers are another innovative homelessness bringing by funders, elected officials, and

business leaders to implement quick resolutions for people living on the streets. In early January 2020, Governor Gavin Newsom announced his plans to direct an additional \$750 million from the state budget to address California's growing crisis. These additional resources are aimed at creating or improving shelters, building affordable housing and paying rent for homeless individuals and families. The Governor has also signed an executive order directing state departments to identify property that can be used for shelter, and designating 100 trailers for temporary housing and healthcare services. On hand to welcome the trailers and celebrate the project were LA County Supervisor Mark Ridley-Thomas, LA City Mayor Eric Garcetti, Councilman Herb Wesson, community members and staff of SSG/HOPICS led by Director Veronica Lewis. The Safe Landing program will opened in early March and will feature fully stocked and furnished trailers, a playground, a dog run and more. Congratulations to the HOPICS team for being selected to operate this vitally needed new program!



More than 100 community volunteers turned out to help homeless families at Safe Landing for Families-Crenshaw/Expo.

DIVISION COLLABORATION

SILVER & HOPICS OPEN THE SILVER VILLA



On February 24th SILVER, in collaboration with HOPICS opened the doors to the first bridge housing in Los Angeles focused on serving the needs of older adults age 55+. and older. Traditional options, placing older

adults with general population has been limited in meeting the needs of this age group. The property, named The SILVER Villa, is a duplex with 16 total beds. Specific upgrades have been made to meet the needs of older adults including safety bars in the bathroom, a chair lift, and a wheel chair ramp, as well as healthy meals. SILVER and HOPICS staff will be onsite to offer case management and counseling services as needed. Please contact Theah White at (213) 553-1884 with inquiries.





FISCAL

THE FISCAL TEAM IS THANKFUL FOR THEIR SSG FAMILY. WE ARE ALL HERE FOR EACH OTHER.



HOMADE COZY CHAI TEA LATTE

Ingredients

8 cardamom seeds
1 inch piece ginger
8 cloves
2 cups whole milk
4 black peppercorns
2 cinnamon sticks
8 teaspoons sugar

Step 1

Place the cardamom, cloves, and peppercorns in a resealable plastic bag and crush with a heavy skillet.

Step 2

Place the crushed spices in a medium saucepan, along with the cinnamon sticks, ginger, milk, and 2 cups water; bring to a boil. Remove from heat, add the tea bags, cover, and let steep for 10 minutes.

Step 3

Strain into cups. To each cup, add 2 teaspoons sugar or more, to taste.

APIFM

APIFM HEALTH FACT OF THE MONTH



We all know nutrition is important, but sometimes we forget to incorporate healthy habits into our lives! As a general goal, you should aim for at least thirty minutes of moderate physical activity per day. Here are a few daily healthy eating tips:

- Eat at least 5 portions of fruit and vegetables
- Base your meals on higher fibre starchy foods—such as brown rice
- Have some dairy or dairy alternatives—such as soy milk
- Eat some proteins—such as fish, eggs, meat, and beans
- drink plenty of water—hot tea enhances your digestive abilities
- Check out heart.org for a more detailed guide on suggested servings from each food group!





WEBER

SSG WEBER COMMUNITY CENTER BLACK VISIONS OF WELLNESS (BVOW)

On February 21st, SSG Weber Community Center Black Visions of Wellness (BVOW) staff hosted their first annual Front Porch Black History Month Celebration for program participants and the whole Weber community. The BVOW program is a partnership between Weber Community Center and UMMA Community Clinics with a mission to strengthen African and African-American communities through services that encourage physical well- being, mental wellbeing and recover. Their program approach also includes cultural awareness and appreciation. Attendees of the event were welcomed by food trucks, and self-care booths hosted by BVOW staff, community partner sponsored Zumba Class and service agencies hosted resource booths the benefited the whole community. BVOW staff look forward to making this a yearly tradition.

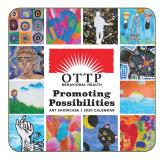






OTTP-LA

HOORAY FOR THE 2020 ART CALENDAR FUNDRAISER!



The idea for a client calendar sprang forth from the Annual OTTP Client Art Show. For the past several years, OTTP clients have come together to express themselves across several media, including painting, drawing, sculpture, photography, poetry, spoken-word and music. The collected works are then curated by the OTTP staff, culminating in a festive "one night only" gallery presentation that is enjoyed by clients, parents, staff and community members.

Year after year, the Annual Client Art Show has increased in popularity, so OTTP decided to expand the exposure of client art to the community-at-large. In addition, this also offered an opportunity to kick-off OTTP's first steps into fundraising. So with the guidance of the SSG Development Team and the expertise of a professional photographer and graphic designer, the Annual OTTP Art Calendar was born. This year, OTTP raised \$3,510 including a \$1,000 sponsorship from West Coast University. This support will help OTTP achieve its vision of a community where people feel safe, supported and strong.





SSG

SSG & A3PCON STAND WITH API ANGELENOS AGAINST RACISM RELATED TO CORONAVIRUS



Pictured: Press conference hosted by community leaders together with A3PCON and many elected community officials. The event was held in front of Hilda Solis' office on February 13, 2020,

On February 13, Asian Pacific Policy and Planning Council (A3PCON) hosted a news conference with local API Leaders, County and City public officials addressing racism and xenophobia related to fears of the coronavirus. Asian Pacific Policy and Planning Council (A3PCON) is a coalition of more than forty community-based organizations that serve and represent the 1.5 million Asian Americans and Pacific Islanders in Los Angeles County. According to A3PCON leaders and media reports, AAPIs in Los Angeles are experiencing a racist backlash related to misinformation and hysteria about the coronavirus.

"The coronavirus has ignited a wave of anxiety and misinformation even though the threat to County residents remains low according to our Public Health Department," said Los Angeles County Supervisor Hilda L. Solis. Anyone who experiences verbal or physical harassment was urged to report it. All Angelenos have the right to feel safe at home, school, work and other public places. Community leaders and officials want the public to know that this behavior will not be tolerated in Los Angeles County. "Discrimination targeting our Asian American and Chinese American friends, neighbors and businesses is harmful to our entire community," said Barbara Ferrer, PhD, MPH, MEd. Director of Los Angeles County Department of Public Health.

SSG Executive Director, Herbert Hatanaka reminds us all to remember the power of our words as we look out for health and safety; "Please be mindful in your everyday life - of yourself, your clients and your family. Do NOT engage in rumors or hype. Remind others to be respectful and thoughtful." These are word to remember as we continue to watch the impact of coronavirus.





March is Women's History Month

In 1987 President Ronald Reagan declared the month of March as "Women's History Month," a celebration of women's contributions to this country's history. But the struggle for the work of women to be truly acknowledged and recognized started much earlier and is not yet over.

In 1909, working women went on strike using the slogan "bread and roses" to protest the conditions women faced in the workplace, while also demanding respect. The egregiousness of their sweatshop working conditions was exemplified a year later by the tragic Triangle Shirtwaist Fire, where 146 garment workers, mostly Jewish and Italian immigrant women, died in New York City.

Fast forward to 1978, when a group of teachers, members of the Education Task Force of the Sonoma County Commission on the Status of Women planned the first Women's History Week in Santa Rosa, CA. As more cities and communities adopted the week-long celebration, this created the momentum needed to successfully lobby for national recognition, which they achieved in February of 1980 when President Carter declared the week of March 8, 1980, as "National Women's History Week." Seven years later, thanks to the continued pressure by multiple women groups and organizations, Congress expanded the celebration from one week to the full month.

We need to recognize that none of this would have been possible without the tireless work of courageous women. At the same time, it is essential to remember that the fight for equality among genders is not yet over. As we celebrate women this March, remember to acknowledge the historical role and impact of all women, including black, Latinx, API, and working-class women, as well as lesbian, gay, bisexual, transgender women.













March is Social Work Month, and this year, the National Association of Social Workers set forth the theme as "Social Workers: Generations Strong" to highlight both the long history the social work profession has honored our society with, and to spotlight the wide range of life-affirming work all generations are doing. The contributions of social work are integrated into a wide range of industries and settings. See below for where and how social workers (SW) are making their impact!

ADMINISTRATION & MANAGEMENT

Administrators may oversee some aspect of an organization, private or public.

JUSTICE & CORRECTIONS

SW support in courts, rape crisis centers, police departments, prisons, and jails.

MENTAL HEALTH & CLINICAL

Most provide direct services to people, either in solo or group settings.

OCCUPATIONAL & EMPLOYMENT ASSISTANCE

SW work in corporate or business settings to help with restructuring and managing mental health services for employees.

CHILD WELFARE

SW serve vulnerable children, youth, & families, including the abused & neglected.

MENTAL HEALTH & SUBSTANCE ABUSE

SW provide therapy and case management for clients to recover from substance abuse.

SCHOOL

SW help students address issues affecting their academic performance.

ADVOCACY & COMMUNITY ORGANIZATION

Advocates champion rights of individuals and communities for social justice.

AGING

SW link older adults with services that help them live independently and with dignity.

DEVELOPMENTAL DISABILITIES

SW help parents of children with developmental disabilities understand their legal rights.

PUBLIC WELFARE

SW facilitate income and support services.

HEALTHCARE

SW may conduct research, develop programs, and/or administer social work.

POLITICS

SW work in public office, as leaders or support.

POLICY & PLANNING

SW address social problems through policy.

INTERNATIONAL

Ranges from direct services to large scale impact, such as working with NGOs.



THE DEVELOPMENT TEAM

Growing SSG

COLLABORATION IS KEY

SSG is home to many divisions with expertise in fields that you may be looking to expand into. Divisions can collaborate with one another to form innovative programs that meet the evolving needs of the communities you serve. Read more about how our SSG divisions are collaborating with one another:

Casa de Zulma

APAIT recognized the lack of safe spaces for the population due to discrimination and violence experienced when accessing shelters. Similarly, HOPICS also recognized that service providers lacked the competency and cultural humility needed to effectively serve the LGBTQ population. These divisions leveraged APAIT's expertise serving the LGBTQ population and HOPICS expertise as a housing services provider, to form Casa de Zulma — the first ever publicly funded Enhanced Bridge Housing project for transgender women in LA County.

Alliance x BACUP

Alliance has been able to expand its programming through utilizing the unique artistic talents of BACUP staff. Juan Burgueno Jr., BACUP art instructor, conducts an art workshop on Tuesday and Thursday afternoons at Alliance's Boyle Height Clubhouse. This partnership allows BACUP to share the joys of arts-based healing with others, and provides Alliance clients with a unique opportunity to engage in new types of programming that may help their growth and healing.

RIVERSIDE COUNSELING CENTER

Riverside County agencies were seeking service providers with the capacity to meet the growing demand for behavioral health services in the community. OTTP-LA and AP Recovery both possessed the expertise in child and youth mental health services, but separately held capacity to serve the Spanish speaking and API populations. These divisions collaborated to develop the Riverside Counseling Center. This collaboration has allowed SSG to expand into a new service area and will present continued opportunities for expansion in the region, all while providing quality services for those in need.

These are just a few examples of the creative collaborations that are possible through connecting with your fellow SSG divisions. If you are looking to augment your services, there may be a division with the expertise to help you. The Development Team can help you brainstorm ideas, leverage existing resources, and facilitate unique partnerships to help you launch innovative programs.

Grant Announcements

From Jan 1, 2020 to March 15th 2020, SSG has been recommended for the following grants:

Funder	Funder Program	
CA Governor's Office of Emergency Services	Innovative Response to Marginalized Victims	HOPICS
California Community Foundation	San Gabriel Mountains Forever Program	APIFM



SAFETY

In February 2020, SSG Core Staff participated in a RED Cross CPR and First Aid Training. CPR – or Cardiopulmonary Resuscitation – is an emergency lifesaving procedure performed when the heart stops beating. Immediate CPR can double or triple chances of survival after cardiac arrest. Staff learned how to perform CPR, address wounds, and burns. Before performing any first aid task remember to check the scene for your safety, ask consent if the person is awake and call 911.

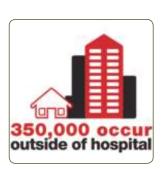


Red Cross CPR Steps

- 1 Push hard, push fast. Place your hands, one on top of the other, in the middle of the chest. Use your body weight to help you administer compressions that are at least 2 inches deep and delivered at a rate of at least 100 compressions per minute.
- 2 Deliver rescue breaths. With the person's head tilted back slightly and the chin lifted, pinch the nose shut and place your mouth over the person's mouth to make a complete seal. Blow into the person's mouth to make the chest rise. Deliver two rescue breaths, then continue compressions
- 3 Continue CPR steps. Keep performing cycles of chest compressions and breathing until the person exhibits signs of life, such as breathing, an AED becomes available, or EMS or a trained medical responder arrives on scene.

When checking a responsive adult remember the following:

- S Signs and Symptoms: What is going on with the person? What are they feeling?
- **A** Allergies: Are they allergic to any medications or anything in the environment?
- M Medications: What medications are they currently on?
- P Pertinent Medical History
- L Last food or Drink: When is the last time they ate or drank?
- E Events leading up to incident: What happened before the medical incident?











THE BOARD CORNER



Fernando Del Rio Jan. 3 Glen H. Pacheco, Treasurer Jan. 4 Donald A. Kincey Jan. 16 Donna Mills, 2nd VP Jan. 29 Henry C. Wong Feb. 8



Board Corner - Sanjay Chhugani JPL Award

In February 2020, Sanjay Chhugani was selected by Charles Bray, Manager of the Small Business Programs Office, as a JPL Special Thanks and Recognition (STAR) Award recipient for Fiscal Year 2019. Currently serving as Millennium Engineering and Integration Company's MEDALS program manager, Sanjay has been making significant contributions to JPL missions for over 25 years. This is a very prestigious honor that is rarely given to contributors outside of JPL staff. Way to go Sanjay on your other worldly accomplishment!

ANNOUNCEMNTS

SSG Employee Assistance Program (EAP) offered through Life Assistance Program



How to Access:

By Phone: (800) 538-3543Online: www.cignalap.com

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Benefits:

- Face-to-Face Assistance for you and your household member (3 sessions per situation
- Support & Referral Services
- Discounts on Health & Wellness Services
- Confidential (information not shared with SSG)
- Available 24/7

YOUR NAME OR PICTURE MAY APPEAR IN SSG'S NEWSLETTER AND WEBSITE

If you participate in an agency event and an article or picture from that event is submitted for publication, your name and/or picture may be included. If you do not approve of this, then please refrain from being photographed at events and let your supervisor know not to include your name in articles. You may also contact Tonie Diaz in the HR Dept. at adiaz@ssg.org or Leah McGowan for newsletter publishing inquiries at Imcgowan@ssg.org.

SOME DATES TO REMEMBER MARCH-APRIL

		WE dicell 7 th left	
3/1	Peace Corps Day	4/2	Autism Awareness Da
3/3	Caregiver Appreciation Day	4/7	World Health Day
3/17	Saint Patrick's Day	4/11	National Pet Day
3/21	World Poetry Day	4/15	Tax Day
3/31	Cesar Chavez Day	4/22	Earth Day (U.S.)